

CHW Let's Talk About Vaping

On-demand

Access the video here: <https://youtu.be/wSXpZV4VBmo?si=Lgb1AFqWD2pTKHuN>

Knowledge Questions

***Please email (dharrow.fam@gmail) or text (478-284-9750) your responses.*

You must score 9/12 to pass. Best to you!

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1. Pick one of the common myths associated with vaping and explain if it is, *or*, if it is not surprising to you.
2. Name the four parts of a vape.
3. What are the four basic components of vape juice?
4. Which potential added ingredient, on the slide with the oil bubbles, surprised you the most to see?
5. Nicotine activates the _____ of the brain.
6. Name the 6 steps that describe how nicotine addiction forms.
7. What were the 6 symptoms of withdrawal discussed?
8. How many milligrams of nicotine are in a Puff Bar, and how many cigarettes is that equal to?
9. Big vape isn't _____ big tobacco. _____ big tobacco.
10. Which parts of the body are named in the video as having a potential risk of developing cancer if you vape? (Side note for your knowledge: smoking/vaping increases your risk of developing any cancer in general, too.)
11. Are you surprised by how many parts of the body can be affected by vaping?
12. What is the website where you can read more about vaping and other health related topics?

